

THE CHINESE FIVE ELEMENTS

In the midst of bustling Mongkok, find wellness and serenity with our Chuan Spa themed break. Welcome to a space where the principles of traditional Chinese medicine work in harmony to get you feeling your best. Enjoy nourishing dim sum delicacies and freshly brewed Chinese tea while contemplating the flowing water movement (Chuan III) on LED screens to restore your inner balance, tranquillity and strength.













A THEMED BREAK FOR WELLNESS

TASTES

Savour healthy steamed dim sum delicacies freshly prepared by our Michelin-starred Ming Court culinary team including fish maw and shrimp dumplings, taro pudding and black sesame roll, complemented with nourishing Matsutake mushroom soup served in a glass teapot.

SMELLS

Take a deep breath and let the signature Chuan Five Elements essential oils energise your body and soul.

SIGHTS

Water is the source of life, meditate and reflect on your own spiritual mind as you watch streams and rivers flowing naturally on LED display behind.

SOUNDS

Close your eyes and listen to the music of flowing water to calm your mind and restore your inner peace and balance.

INTERACT

Relax and recharge with a mini massage session to ease your tense muscles and reduce stress.

Menu

Savoury:

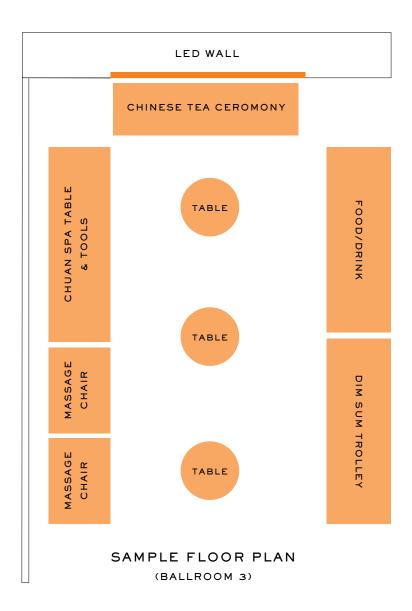
- Fish maw and shrimp dumpling
- Scallop and vegetable dumpling
- Garoupa and Chinese spinach dumpling

Sweet:

- Black sesame roll
- Berry jelly and taro pudding
- Traditional mara sponge cake

Drinks

- Matsutake mushroom soup in glass teapot on an induction stove
- Selected Chinese Tea



Suitable for conference groups of 50 to 100 guests.

For enquiries or bookings, please call +852 3552 3039 or email cdhkg.mice@cordishotels.com to contact our event specialists.

